



## Patient Information

Dear Patient,

Here at Torrington Dental Practice your comfort and wellbeing are paramount to us. As well as being a general dental practice offering implants and orthodontics, we are also one of two referral practices in Devon offering treatment under sedation. Your dentist has referred you to us for treatment under sedation as you feel unable to cope with treatment using just local anaesthetic.

We offer two different types of sedation - inhalation sedation (RA) and intravenous sedation (IV).

Inhalation sedation involves the administration of a mixture of nitrous oxide and oxygen delivered via a nasal mask. It reduces anxiety and causes relaxation and a feeling of happiness. It has been used for many years in the treatment of children but can also be used for the treatment of adults who have low levels of anxiety or have medical conditions which contradict the use of intravenous sedation. Although this type of sedation leaves your system very quickly, it is advised that you have someone who can bring you to the practice and take you home afterwards.

Intravenous sedation is a stronger form of sedation which involves the administration of a drug called midazolam via the hand or arm. The patient **remains awake throughout the procedure** but feels very relaxed and often does not remember the treatment undertaken. This type of sedation is used in adult patients who have a higher level of anxiety. Patients who have treatment using this type of sedation require a responsible adult who will bring them to the appointment (not by public transport), remain in the practice during the appointment and look after them for the following 24 hours.

All of the clinicians in our sedation team have undertaken either the postgraduate diploma in conscious sedation or the SAAD course and all of our nurses have completed or are undertaking additional training to obtain the NEBDN higher qualification in sedation nursing. Our clinicians are Rhys Gabe, John Cato and Sarah Tucker. Our nursing team are Narome Grigg (Lead Nurse), Sarah Lovejoy, Helena Doree and Seraphina Hampton.

If you have any queries or concerns that you wish to discuss with a member of the team, please feel free to contact us on 01805 623657 and we will do our best to alleviate any concerns that you may have. Alternatively, for more information visit our website at [www.torringtondental.co.uk](http://www.torringtondental.co.uk).

Thank you  
Torrington Dental Practice Sedation Team